



# AF-CBT: Eligibility Criteria

(v2. 11-2-18)

**Case:**

**Date:**

**Staff:**

## BACKGROUND CRITERIA: ALL 3 ARE REQUIRED

- Child (age 5-17)** is available to participate now/soon
- At least one caregiver (e.g., biological, foster, kin)** is available to participate now/soon
- Both have adequate capacity/repertoire** to learn and benefit from AF-CBT

## Clinical Criteria: ANY 1 is Required

- ANY Family** with conflict and/or heated arguments

**OR**

- ANY Caregiver** (adoptive, biological, foster, or kinship) with anger, physical force/discipline, or child physical abuse

**OR**

- ANY Child** (age 5-17) with anger, defiance, aggression, or explosiveness, trauma symptoms/PTSD after physical discipline/abuse, or prior exposure to harsh discipline or physical abuse

**If All 3 Background Criteria and Any 1 of the Clinical Criteria is checked,  
the case is eligible for AF-CBT**